

Sunday Services at 10:30 am

Written by Administrator

Sunday, 29 August 2010 00:28 - Last Updated Tuesday, 06 September 2022 20:45

SERVICE SCHEDULE

Every Sunday: Shared Readings service Please join us in person at Scotts bluff Landscaping, 1400 East 20th Street, Scottsbluff,

or virtually at

<https://meet.jit.si/PrairieVistaUCC>

(select, right-click, "Go to" meeting)

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Buddhist Sangha meeting

6:30 PM Thursday evenings

Basement of the Morrill Public Library.

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Length of sittings and format will

be adapted to accommodate those present.

Meetings will begin with a brief opening ritual.

Then 30 minute sitting meditation

10 minute walking meditation

15 - 20 minute dharma talk

closing prayer and healing circle

This is a member led group , dedicated to the encouragement and support of the daily practice of mindfulness in the lives of the participants.

Anyone is invited to attend regardless of one's level of experience with either Buddhism or meditation. The dharma talks will mostly draw from contemporary American Zen Buddhist writers and thinkers as well as the lived experience of members.

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Writers Roundtable

last Tuesday of month 7PM

jcraven@wncc.net for information

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