

Sunday Services at 10:30 am

Written by Administrator

Sunday, 29 August 2010 00:28 - Last Updated Thursday, 05 December 2019 17:57

SERVICE SCHEDULE

December 8, 2019

Helping Others Makes You Happier... If You Do It Right

Presenter:

Sunday Services at 10:30 am

Written by Administrator

Sunday, 29 August 2010 00:28 - Last Updated Thursday, 05 December 2019 17:57

Joyce Dohse

December 15, 2019

Sunday Services at 10:30 am

Written by Administrator

Sunday, 29 August 2010 00:28 - Last Updated Thursday, 05 December 2019 17:57

TBA

Presenter:

TBA

=====

Buddhist Sangha meeting

7PM Tuesday evenings

PVUUC library

length of sittings and format will

be adapted to accommodate those present

Sunday Services at 10:30 am

Written by Administrator

Sunday, 29 August 2010 00:28 - Last Updated Thursday, 05 December 2019 17:57

Meetings will begin with a brief opening ritual.

Then 30 minute sitting meditation

10 minute walking meditation

15 - 20 minute dharma talk

closing prayer and healing circle

This is a member led group , dedicated to the encouragement and support of the daily practice of mindfulness in the lives of the participants.

Anyone is invited to attend regardless of one's level of experience with either Buddhism or meditation. The dharma talks will mostly draw from contemporary American Zen Buddhist writers and thinkers as well as the lived experience of members.

Sunday Services at 10:30 am

Written by Administrator

Sunday, 29 August 2010 00:28 - Last Updated Thursday, 05 December 2019 17:57

Writers Roundtable

last Tuesday of month 7PM

jcraven@wncc.net for information

Sunday Services at 10:30 am

Written by Administrator

Sunday, 29 August 2010 00:28 - Last Updated Thursday, 05 December 2019 17:57

Sunday Services at 10:30 am

Written by Administrator

Sunday, 29 August 2010 00:28 - Last Updated Thursday, 05 December 2019 17:57

Sunday Services at 10:30 am

Written by Administrator

Sunday, 29 August 2010 00:28 - Last Updated Thursday, 05 December 2019 17:57
